

2026

**USA KARATE™**  
**NATIONAL TEAMS TRIALS**

**JANUARY 30 – FEBRUARY 1**  
**DENVER, COLORADO**



**KARATE**



Open Call

# USA SENIOR TEAM TRIALS TEAM KATA TRYOUTS

**TEAM USA** is on the hunt for **TEAM KATA** athletes to represent our country on the world stage!

With 2026 designated as a World Cup year, Team Kata events will officially be contested — and we're looking for the best teams in the nation to step forward.

This is an **OPEN CALL** for **TEAM KATA** athletes, ages 16+, to compete for a spot on **TEAM USA**. Whether you're a seasoned competitor or an emerging talent, this is your chance to showcase your skill, spirit, and synchronization at the highest level.

## WHY THIS MATTERS

**TEAM KATA** will be featured in the **2026 WORLD CUP** — a rare and prestigious opportunity.

**USA KARATE** is committed to fielding strong, competitive teams on the international stage. This is your moment to be part of something historic.

If you believe your team has what it takes, then we want to see you in Denver. Step up, represent your country, and take your place among the best.

**>>> REGISTER NOW AND MAKE HISTORY WITH TEAM USA! <<<**

USA SENIOR TEAM TRIALS | JANUARY 30 – FEBRUARY 1, 2026 | DENVER, COLORADO





Located directly across the street from the hotel.



### CU WELLNESS CENTER

1355 12<sup>TH</sup> STREET  
DENVER, CO 80204



[CU WELLNESS CENTER](#)

#### PARKING

Paid valet parking  
Metered parking  
Free street parking close by

Breakfast buffet is included  
(Daily @ 6:30 AM)

Hotel has several restaurant  
options nearby - Open daily



### SPRINGHILL SUITES MARRIOTT

1190 AURARIA PARKWAY  
DENVER, CO 80204



[ATHLETE - COACH - SPECTATOR BLOCK LINK](#)

# FRIDAY

## JAN 30

### SPRINGHILL SUITES MARRIOTT

<b>CREDENTIALS SPECTATOR TICKETS ATHELETE WEIGH - INS</b>	<b>6 PM - 8 PM</b>	<b>SECOND FLOOR</b> From hotel lobby use large staircase to second floor - down the hallway - designated areas
<b>REFEREE BRIEFING</b>	<b>6 PM</b>	<b>SECOND FLOOR</b> From hotel lobby use large staircase to second floor - down the hallway - designated room
<b>COACH BRIEFING   DRAWS</b>	<b>8 PM</b>	<b>SECOND FLOOR</b> From hotel lobby use large staircase to second floor - down the hallway - designated room

# SATURDAY

## JAN 31

### CU WELLNESS CENTER

<b>STAGING OPENS</b>	<b>7:30 AM</b>	<b>2<sup>ND</sup> FLOOR   MAIN GYM</b>
<b>COMPETITION BEGINS</b>	<b>8 AM</b>	<b>2<sup>ND</sup> FLOOR   MAIN GYM</b>

Bathrooms - Water Stations - Warm Up Area

# SUNDAY

## FEB 1

### CU WELLNESS CENTER

<b>STAGING OPENS</b>	<b>7:30 AM</b>	<b>2<sup>ND</sup> FLOOR   MAIN GYM</b>
<b>COMPETITION BEGINS</b>	<b>8 AM</b>	<b>2<sup>ND</sup> FLOOR   MAIN GYM</b>

Bathrooms - Water Stations - Warm Up Area

# ATHLETES | COACHES

Registration for all athletes and coaches will  
be done through



**USANKF.ORG**



*Onsite registration will  
NOT be available.*

**Registration Deadline: TUESDAY, JAN 27 | 11:59 PM CT**

## **TIPS** FOR SUCCESSFUL EVENT REGISTRATION

-  Current **LEVEL 4** USA Karate Membership
-  Athletes aged 18 and older must complete the U.S. Center for SafeSport course each year

**SPECTATORS**



# SPECTATORS

Tickets are available  
online

**BUY NOW**

**\$20**

**ADULT  
2-DAY PASS**

**\$10**

**CHILD** (Ages 12 and under)  
**2-DAY PASS**



**KARATE**

**NATIONAL TEAM TRIALS**



**JAN 30 - FEB 1, 2026**

**DENVER, CO**

**ADMIT ONE**



# UPON COMPLETION OF PLAY

**FIRST** SEEDS | **SECOND** SEEDS ONLY

## 2026

### HEADSHOTS

01



### TEAM MEMBER ONBOARDING 02



LINK WILL BE PROVIDED

### TEAM UNIFORM

03



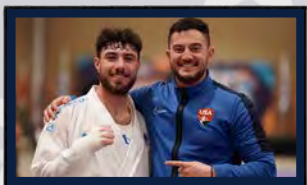
TRACK SUIT AND TEAM  
SHIRT DISTRIBUTION FOR  
THOSE IN NEED

### WELL ATHLETE SCREENING

04



PRISMA MEDICAL



# USA KARATE™ NATIONAL TEAMS



NATIONAL TEAMS SELECTION PROCEDURES





**SENIOR  
TEAM TRIALS**



*Best of Luck!*