

2024 SC District Championships
Saturday April 13th, 9am

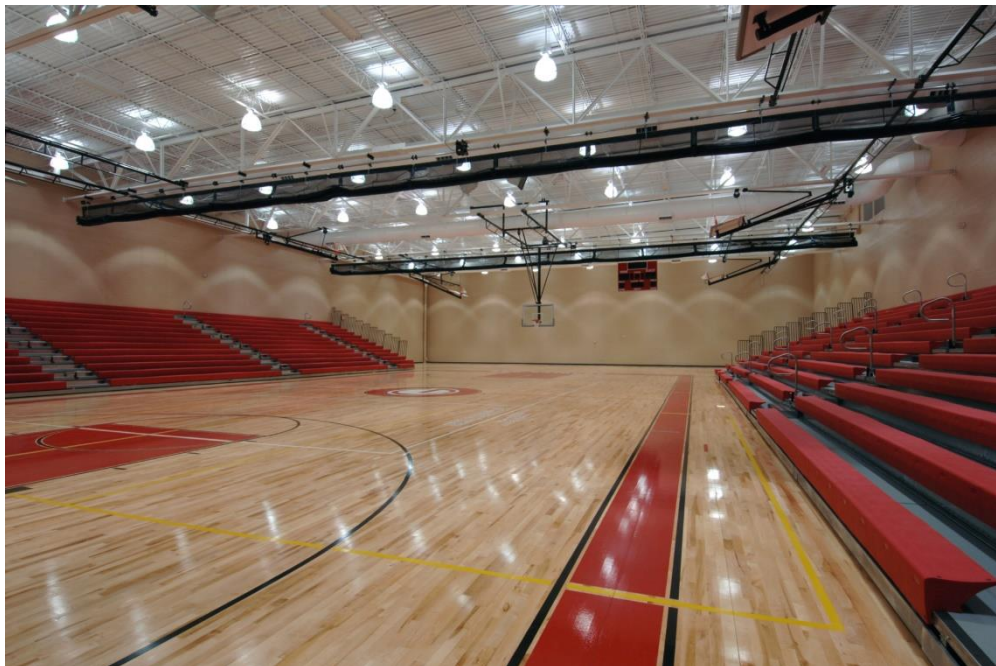
Register Online for Tournament

<https://tournamentinabox.com/>

Registration Deadline April 10th

Location: Greenville Senior High School

1 Vardry St, Greenville, SC 29601
Larger new Venue close to downtown!



Our hots hotel this year is the Hilton Greenville

[HOTEL RESERVATION LINK](#)

45 Orchard Park Drive

Greenville, SC 29615

\$135/night

INCLUDES BREAKFAST, and free parking

Pass Pick-up will take place at the Hilton Lobby

Friday April 12th 6-8pm



Visit Beautiful Downtown Greenville!

200+ restaurants along Main Street
345' Suspension Bridge Over Waterfall



ATHLETES UNIFORM AND EQUIPMENT

The uniform and safety gear will continue to be the same as past years (Rules):

White uniform with only the AAU patch on the left chest, no piping.

Belts should be **white, green, brown, or black** only.

white (beginner 0-1 years of training),

green (novice, 1-2 years of training)

brown (intermediate, 2-4 years of training)

black (advanced, 4+ years of training)

Required for all: White naugahyde mitts and mouthguard

Youth requirement: helmet with clear face shield is require for youth (athletes ages 18 & under).

Required for males of all ages: groin cup.

Optional: Shin protectors for all ages, chest protectors for females, foot covers are permitted for youth.

Traditional Weapon must be wooden bo, eiku, metal sai, tonfa, nunchaku with a rope connector (not metal or chain link), or unsharp/safe kama, properly sized to the athlete.

COACHES

Coaches may be instructors, athletes, and parents - with or without karate rank - who know the rules and can guide, advocate for, and cheer on karate athletes of any age. At our state event AND at the national championship, coaches may sit immediately next to the ring where an athlete is competing. Only registered coaches may enter the ring when the officials permit, no parents or instructors unless registered as a coach.

The standard uniform for coaches is gi pants, socks and sneakers, and a Red polo Shirt for Technical Coaches and Navy Blue polo shirt for Administrative Coaches. If you do not have an AAU official polo shirt, please wear a solid color polo shirt with a collar. Each coach at the SC State Championships must register in person, \$40 prior to the competition day.

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