

# **42nd ANNUAL MOUNTAIN STATE KARATE CHAMPIONSHIPS**

**Saturday April 22, 2023**

**Maranatha Fellowship Church - Family Life Center  
2910 Kanawha Terrace, St. Albans, WV**



Pre-Register at:

**[WWW.TOURNAMENTINABOX.COM](http://WWW.TOURNAMENTINABOX.COM)**

**Pre-Register by April 19th**

**ALL COMPETITORS MUST PRE-REGISTER!**



**For More Information:**

**[USA Martial Arts Federation National Headquarters](http://USA Martial Arts Federation National Headquarters)**

**(304)722-4512**

# 2023 Mountain State Karate Championships

Dear Instructors and Students,

I would like to invite you to the **42nd Annual Mountain State Karate Championships** on **Saturday, April 22, 2023** at **Maranatha Fellowship Church - Family Life Center** in **St. Albans, WV**.

This long running event features some of the top competitors from across the Mid-Atlantic Region. Hundreds of competitors from West Virginia, Ohio, Virginia, Pennsylvania, Kentucky, Maryland, New York, South Carolina, and North Carolina regularly attend this event. From beginners taking up competition for the first time, to advanced Black Belts and elite level athletes, this is a great event for all levels of competition.

For further information about this exciting event, or any of the upcoming USA Martial Arts Federation events, please visit our website at [www.usamartialartsfederation.com](http://www.usamartialartsfederation.com), or check out our facebook page [www.facebook.com/usamatc](http://www.facebook.com/usamatc). You don't want to miss this exciting event! I look forward to seeing you at Maranatha Fellowship Church on April 23rd.

Sincerely,

**Roger A Jarrett, 9th Dan**

Tournament Director

President - USA Martial Arts Federation

President - North American Karate Federation

Secretary General - USA Karate Federation

President - USA Judo / Jujitsu Association

Vice President - US Jujitsu Federation

Technical Chairman - US Traditional Kodokan Judo Federation



Pre-Register online at:

[www.tournamentinabox.com](http://www.tournamentinabox.com)

By no later than **April 19th!**

To avoid a \$20.00 late fee!!

## Area Hotels

Exit 47 I64 (Cross Lanes)

<b>Sleep Inn **</b>	<b>304 776-7711</b>
<b>Wyndham Inn</b>	<b>304 776-8070</b>
<b>Holiday Inn</b>	<b>304 769-5818</b>

# 2023 Mountain State Karate Championships

## Ages 5-17

Novice = 7th kyu and under

Intermediate = 6th kyu - 3rd kyu

Advanced = 2nd kyu and up

## Adult Divisions:

Beginner = 1 year of training and under

Intermediate = 2 - 3 years

Advanced = 3 years and up

## Awards

Beautiful 1st, 2nd, 3rd, and 4th place medals  
in all divisions!

## Competition Divisions

\*Tournament Director reserves the right to combine and/or  
modify divisions as necessary\*

## Kata and Kumite Divisions

5yrs & under Boys Beg/Nov	5yrs & under Girls Beg/Nov
6-7 yr olds Boys Novice	6-7 yr olds Girls Novice
6-7 yr olds Boys Intermediate	6-7 yr olds Girls Intermediate
6-7 yr olds Boys Advanced	6-7 yr olds Girls Advanced
8-9 yr olds Boys Novice	8-9 yr olds Girls Novice
8-9 yr olds Boys Intermediate	8-9 yr olds Girls Intermediate
8-9 yr olds Boys Advanced	8-9 yr olds Girls Advanced
10-11 yr olds Boys Novice	10-11 yr olds Girls Novice
10-11 yr olds Boys Intermediate	10-11 yr olds Girls Intermediate
10-11 yr olds Boys Advanced	10-11 yr olds Girls Advanced
12-13 yr olds Boys Novice	12-13 yr olds Girls Novice
12-13 yr olds Boys Intermediate	12-13 yr olds Girls Intermediate
12-13 yr olds Boys Advanced	12-13 yr olds Girls Advanced
14-15 yr olds Boys Novice	14-15 yr olds Girls Novice
14-15 yr olds Boys Intermediate	14-15 yr olds Girls Intermediate
14-15 yr olds Boys Advanced	14-15 yr olds Girls Advanced
16-17 yr olds Boys Novice	16-17 yr olds Girls Novice
16-17 yr olds Boys Intermediate	16-17 yr olds Girls Intermediate
16-17 yr olds Boys Advanced	16-17 yr olds Girls Advanced
Men's Beginners	Women's Beginners
Men's Novice	Women's Novice
Men's Intermediate	Women's Intermediate
35+ Men's Beginner/Novice	35+ Women's Beginner/Novice
35+ Men's Intermediate/Adv	35+ Women's Intermediate/Adv
Men's Advanced Kata	Women's Advanced Kata
Men's Adv Lightweight -153 lbs	Women's Adv Lightweight -132 lbs
Men's Adv Middleweight 154-175 lbs	Women's Adv Heavyweight+133 lbs
Men's Adv Heavyweight +176 lbs	

## Weapon's Divisions

9 yrs & under Beg/Nov	9 yrs & under Intermediate/Adv
10-13 yr olds Beg/Nov	10-13 yr olds Intermediate/Adv
14-17 yr olds Beg/Nov	14-17 yr olds Intermediate/Adv
Men's Beginner/Nov	Women's Beginner/Nov
Men's Intermediate/Adv	Women's Intermediate/Adv
35+ Men's	35+ Women's

## Time Schedule

8:00 a.m. Doors Open

9:00 a.m. Competition Begins

\*All Division will have specific staging  
times.

## Competition Staging Times

Staging times will be released as  
we get closer to the event!

## Competitor Fees

One or Two Events	\$65
Any Additional Event	\$10

## Sepectator Fees

Adults	\$8
Children (under 12)	\$5





# ***KUMITE SEMINAR***



***FRIDAY  
APRIL 21ST***

***7 to 9pm***

***Cost: \$49***

***SENSEI DUSTIN BALDIS  
USA KARATE NATIONAL COACH***

- \* **National and International Karate Champion**
- \* **USA Karate National Team Coach (2005-present)**
- \* **USA National Karate Team Member for 11 Years**
- \* **2010 - 2011 USA Karate (USANKF) Coach of the Year**
- \* **2011 US Olympic Committee Developmental Coach of the Year**

***SEMINAR LOCATION:***

***USA Martial Arts Federation  
National Headquarters***

***81 Olde Main Plaza  
St. Albans, WV 25177***

***REGISTRATION AT  
WWW.TOURNAMENTINABOX.COM***



**This seminar is held in conjunction with the**

**2023 Mountain State  
Karate Championships  
April 22**



# **REFEREE SEMINAR**



**FRIDAY  
APRIL 21ST**

**7 to 9pm**

**Cost: \$49**

**SENSEI CLEVELAND BAXTER  
USA KARATE REFEREE COMMITTEE  
CHAIRMAN**

**SEMINAR LOCATION:**

**USA Martial Arts Federation  
National Headquarters**

**Learn the *NEW* 2023**

**81 Olde Main Plaza  
St. Albans, WV 25177**

**WKF / PKF/ USANKF  
COMPETITION RULES**

**REGISTRATION AT  
[WWW.TOURNAMENTINABOX.COM](http://WWW.TOURNAMENTINABOX.COM)**



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