



## **2023 AAU Super Regional Championships and Athlete Development Camp June 3<sup>rd</sup> & 4<sup>th</sup>**

Greenville Convention Center  
1 Exposition Drive, Greenville, SC 29607

Saturday Tournament 9am, Sunday Camp 9am-1pm

Cost: \$95 (kata & kumite & **Sunday Camp**) +\$10 weapons up to May 31<sup>st</sup>

\$40 Camp Only - Onsite

No Onsite Registration Accepted

Current AAU membership required

This event is licensed by the Amateur Athletic Union of the U.S., Inc.

Visit [tournamentinabox.com](http://tournamentinabox.com) to register!

Spectators \$8 (5 and under free)

Coaches Pass: \$45, one free pass for each referee your club provides

Hotel – Greenville Marriott  
One Parkway E., Greenville, SC 29615  
Special rate \$119 – [Book HERE](#)

**Also pick up your competitor passes, coaches passes, and spectator tickets at the hotel Friday and skip the line Saturday morning!**

AAU membership is not be included as part of the entry fee to the event.

AAU Youth Athlete membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.

Be Prepared: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at an event.

Due to background screenings, please allow up to 10 days for adult memberships to be processed.

Participants are encouraged to visit the AAU website [www.ausports.org](http://www.ausports.org) to obtain their membership.

Hosted by:



**CAROLINA KARATE**  
FITNESS CENTER

Sponsored by:

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# 2023 AAU Super Regional Championships and Athlete Development Camp

## Friday June 2nd at Marriott

One Parkway E, Greenville, SC 29615

Referee Training 6pm taught by Sensei Steve Robinson

Instructor and Referee Meet and Greet 7-8pm

Pass Pick-up and Spectator Ticket Purchase: 6-8pm

## Saturday June 3<sup>rd</sup> at Venue

Venue Opens (Pass Pick-up/Spectator Ticket Sales) 8am

Staging Area Opens 8:30am

Referees Report 8:30am

Coaches Briefing 8:30am

Tournament Begins at 9am

## Sunday June 4<sup>th</sup> Venue

Included FREE all athletes from Saturday

Included FREE for all coaches w/pass from Saturday

\$40 for camp only for athletes and coaches

8am-9am	Door Open and Check-In	
9am – 10 am	Athletes w/Sensei Hood  Topic - Kumite Skill Development and Mental Preparation	Coaches w/Sensei Robinson  Topic - TBD
10:20am – 11:20am	Athletes w/Sensei Robinson  Topic - TBD	Coaches w/Sensei Yu & Moose  Common Kata Mistakes
11:40am – 12:40am	Athletes w/Sensei Yu & Moose  Topic - TBD	Coaches / Sensei Hood  Topic - Tactics and Strategies of Kumite Match Play
12:20am – 1pm	Wrap up and group Photo	

