



**Druk International
Shito-Ryu Karate-Do
Association, Inc**

March 24, 2026

INVITATION

Dear instructors, officials, coaches, athletes, families, and friends of DISKA,

It is with great pleasure that we are inviting you and your athletes to join us for the 3rd edition of DISKA OPEN, which will take place on Saturday June 27, 2026 in Harrisburg at the Zembo Shrine (2801 N 3rd St #2, Harrisburg, PA 17110).

The DISKA OPEN enters a historic milestone by becoming the South Asian Karate Organization USA (SAKO USA) League, promoting karate skills and sportsmanship, with athletes coming together from dojos across the United States. This prestigious championship promises to be an inspiring opportunity to witness the athleticism, the spirit of Karate, discipline, and determination of our young athletes to unleash their talents.

Athletes will have the opportunity to compete in Kata (form), Kumite (sparring), and Kata team events. Gold, Silver and Bronze medals will be awarded to the top performers in every division.

We wish to have you and your athletes join us in this highly anticipated annual championship and inspire all our participating athletes in their pursuit of excellence and an excellent day of camaraderie. Please confirm your participation by registering online at: www.tournamentinabox.com. Online registration will remain open until Thursday June 25, 2026.

We look forward to welcoming you on June 27 at Harrisburg.

Thank you for your support.

Sincerely

Hemant Ghising

Hemant Ghising, Tournament Director
E-mail: dasrkd.info@gmail.com





Druk International
Shito-Ryu Karate-Do
Association, Inc

DISKA OPEN 2026

Unleashing Young Talent
[THIRD EDITION]
SAKO League

Please report 30 minutes before the staging time

Date:	Saturday June 27, 2026
Time:	Check-in at 8 AM Start at 9 AM
Tournament Location:	Zembo Shrine Auditorium: 2801 N 3rd St #2, Harrisburg, PA 17110
Organizing Committee, Chairman:	Mr. Amal Thulung
Organizing Committee, Asst Chairman:	Mr. Ratna Gurung & Soke Ran Rai
Tournament Chief Referee:	Sensei Cleveland Baxter, Chairperson USA Karate Technical Committee
Tournament Asst. Chief Referee:	Sensei Senthil Thiyagarajan, SAKO President
Tournament Asst. Chief Referee:	Sensei Shanta Thokar, SAKO Vice President
Register Online:	www.tournamentinabox.com Pre-Registration only (no door registration)
Rules:	USA-NKF/WKF modified competition rules/ www.usankf.org
Athlete Dress Code:	Traditional Karate Gi/Uniform
Tournament Fee:	Early bird \$90 for 1 or 2 events until May 17 Regular \$100 for 1 or 2 events until June 7 \$20 per Team Member
Late Registration Begins:	Monday June 8, 2026 / Late Fee \$15
Registration Ends:	Thursday June 25, 2026
Spectator Fee:	\$10 for 5 years and older. Free for under 5 years
Age Division:	5 & under, 6-7, 8-9, 10-11, 12-13, 14-15, 16-17, 18-34
Team Kata:	Only Advanced Divisions: 11-13, 14-17, 18-34
Awards:	Gold, Silver, and 2 Bronze medals
Medal Distribution:	Medals are awarded on the victory stand
Staging Time:	Staging time will be released as we come closer to the event
Equipment:	Mandatory: Mitts (blue & red or white), gum shield, External body protector, chest protector, shin instep pads, (blue & red or white), groin guards (male), glasses are forbidden in kumite only. <u>Helmet, chest protector & body protector are</u> <u>COMPULSORY for under 14 years</u>

NOTE: *Some divisions may be combined or subdivided based on the number of athletes at
Tournament Director's discretion.*

APPENDIX 7:
OFFICIAL KATA LIST
For USA Karate Beginner, Novice, Intermediate, and Advanced Categories

Beginner: 0-1 Year Experience		Novice: 1-2 Years Experience	
Chi No Kata	Junino	Beginner List Kata and:	Heian Godan
Gekisai Daichi	Kihon Kata	Gekisai Dai San	Pinan Sandan
Gekisai Daini	Pinan Shodan	Heian Sandan	Pinan Yondan
Fukyu Daichi	Pinan Nidan	Heian Yondan	Pinan Godan
Fukyu Daini	Taikyoku		
Heian Shodan	Ten No Kata		
Heian Nidan			

Intermediate: 2-4 Years Experience	
<i>All katas from Beginner and Novice categories above plus the following</i>	
Ananko	Naifanchin Nidan
Ananku	Naifanchin Sandan
Aoyagi	Naihanchi
Bassai	Nijushiho
Bassai Dai	Niseishi
Bassai Sho	Pachu
Chinte	Passai
Enpi	Rohai
Garyu	Saifa
Hangetsu / Seisan (Not Goju)	Sanchin
Hauffa (Haffa)	Sanseiru
Ishimine Bassai	Sanseru
Itosu Rohai Shodan	Seichin
Itosu Rohai Nidan	Seienchin (Seiyunchin)
Itosu Rohai Sandan	Seipai
Jiin	Seiryu
Jion	Shinpa
Jitte	Shinsei
Juroku	Shisochin
Kanku Dai	Tekki Shodan
Kousoukun Dai	Tekki Nidan
Kusanku (Only Wado Kata)	Tekki Sandan
Matsukaze	Tensho
Matsumura Rohai	Wankan
Meikyo	Wanshu
Myojo	Wanshin (Kobayashi)
Naifanchin Shodan	

Advanced: 4+ Years Experience
<i>All kata from Beginner, Novice and Intermediate categories above as well as all kata listed on the WKF Official Kata list</i>

APPENDIX 1: OFFICIAL KATA LIST

1	Anan	35	Jiin	69	Passai
2	Anan Dai	36	Jion	70	Pinan Shodan
3	Ananko	37	Jitte	71	Pinan Nidan
4	Aoyagi	38	Juroku	72	Pinan Sandan
5	Bassai	39	Kanchin	73	Pinan Yondan
6	Bassai Dai	40	Kanku Dai	74	Pinan Godan
7	Bassai Sho	41	Kanku Sho	75	Rohai
8	Chatanyara Kusanku	42	Kanshu	76	Saifa
9	Chibana No Kushanku	43	Kishimono No Kushanku	77	Sanchin
10	Chinte	44	Kousoukun	78	Sansai
11	Chinto	45	Kousoukun Dai	79	Sanseiru
12	Enpi	46	Kousoukun Sho	80	Sanseru
13	Fukyugata Ichi	47	Kururunfa	81	Seichin
14	Fukyugata Ni	48	Kusanku	82	Seienchin (Seiyunchin)
15	Gankaku	49	Kyan No Chinto	83	Seipai
16	Garyu	50	Kyan No Wanshu	84	Seiryu
17	Gekisai (Geksai) 1	51	Matsukaze	85	Seishan
18	Gekisai (Geksai) 2	52	Matsumura Bassai	86	Seisan (Sesan)
19	Gojushiho	53	Matsumura Rohai	87	Shiho Kousoukun
20	Gojushiho Dai	54	Meikyo	88	Shinpa
21	Gojushiho Sho	55	Myojo	89	Shinsei
22	Hakusho	56	Naifanchin Shodan	90	Shisochin
23	Hangetsu	57	Naifanchin Nidan	91	Sochin
24	Haufa (Haffa)	58	Naifanchin Sandan	92	Suparinpei
25	Heian Shodan	59	Naihanchi	93	Tekki Shodan
26	Heian Nidan	60	Nijushiho	94	Tekki Nidan
27	Heian Sandan	61	Nipaipo	95	Tekki Sandan
28	Heian Yondan	62	Niseishi	96	Tensho
29	Heian Godan	63	Ohan	97	Tomari Bassai
30	Heiku	64	Ohan Dai	98	Unshu
31	Ishimine Bassai	65	Oyadomari No Passai	99	Unsu
32	Itosu Rohai Shodan	66	Pachu	100	Useishi
33	Itosu Rohai Nidan	67	Paiku	101	Wankan
34	Itosu Rohai Sandan	68	Papuren	102	Wanshu

In reporting the kata to be performed use the designated number. Should there be inconsistency between the number and the name of the kata, the number will be considered the reported kata to be performed.

DISKA OPEN 2026

[Third Edition]

KATA

ID	Division
K1	5 & Under Male Beginner
K2	5 & Under Female Beginner
K3	5 & Under Male Novice Kata
K4	5 & Under Female Novice Kata
K5	6-7 Male Beginner Kata
K6	6-7 Female Beginner Kata
K7	6-7 Male Novice Kata
K8	6-7 Female Novice Kata
K9	6-7 Male Intermediate Kata
K10	6-7 Female Intermediate Kata
K11	6-7 Male Advanced Kata
K12	6-7 Female Advanced Kata
K13	8-9 Male Beginner Kata
K14	8-9 Female Beginner Kata
K15	8-9 Male Novice Kata
K16	8-9 Female Novice Kata
K17	8-9 Male Intermediate Kata
K18	8-9 Female Intermediate Kata
K19	8-9 Male Advanced Kata
K20	8-9 Female Advanced Kata
K21	10-11 Male Beginner Kata
K22	10-11 Female Beginner Kata
K23	10-11 Male Novice Kata
K24	10-11 Female Novice Kata
K25	10-11 Male Intermediate Kata
K26	10-11 Female Intermediate Kata
K27	10-11 Male Advanced Kata
K28	10-11 Female Advanced Kata
K29	12-13 Male Beginner Kata
K30	12-13 Female Beginner Kata
K31	12-13 Male Novice Kata
K32	12-13 Female Novice Kata
K33	12-13 Male Intermediate Kata
K34	12-13 Female Intermediate Kata
K35	12-13 Male Advanced Kata

KUMITE

ID	Division
S1	5 & Under Male Beginner Kumite
S2	5 & Under Female Beginner Kumite
S3	5 & Under Male Novice Kumite
S4	5 & Under Female Novice Kumite
S5	6-7 Male Beginner Kumite
S6	6-7 Female Beginner Kumite
S7	6-7 Male Novice Kumite
S8	6-7 Female Novice Kumite
S9	6-7 Male Intermediate Kumite
S10	6-7 Female Intermediate Kumite
S11	6-7 Male Advanced Kumite
S12	6-7 Female Advanced Kumite
S13	8-9 Male Beginner Kumite
S14	8-9 Female Beginner Kumite
S15	8-9 Male Novice Kumite
S16	8-9 Female Novice Kumite
S17	8-9 Male Intermediate Kumite
S18	8-9 Female Intermediate Kumite
S19	8-9 Male Advanced Kumite
S20	8-9 Female Advanced Kumite
S21	10-11 Male Beginner Kumite
S22	10-11 Female Beginner Kumite
S23	10-11 Male Novice Kumite
S24	10-11 Female Novice Kumite
S25	10-11 Male Intermediate Kumite
S26	10-11 Female Intermediate Kumite
S27	10-11 Male Advanced Kumite
S28	10-11 Female Advanced Kumite
S29	12-13 Male Beginner Kumite
S30	12-13 Female Beginner Kumite
S31	12-13 Male Novice Kumite
S32	12-13 Female Novice Kumite
S33	12-13 Male Intermediate Kumite
S34	12-13 Female Intermediate Kumite
S35	12-13 Male Advanced Kumite

K36	12-13 Female Advanced Kata
K37	14-15 Male Beginner Kata
K38	14-15 Female Beginner Kata
K39	14-15 Male Novice Kata
K40	14-15 Female Novice Kata
K41	14-15 Male Intermediate Kata
K42	14-15 Female Intermediate Kata
K43	14-15 Male Advanced Kata
K44	14-15 Female Advanced Kata
K45	16-17 Male Beginner Kata
K46	16-17 Female Beginner Kata
K47	16-17 Male Novice Kata
K48	16-17 Female Novice Kata
K49	16-17 Male Intermediate Kata
K50	16-17 Female Intermediate Kata
K51	16-17 Male Advanced Kata
K52	16-17 Female Advanced Kata
K53	18-34 Male Beginner/Novice Kata
K54	18-34 Female Beginner/Novice Kata
K55	18-34 Male Intermediate/Advanced Kata
K56	18-34 Female Intermediate/Advanced Kata

S36	12-13 Female Advanced Kumite
S37	14-15 Male Beginner Kumite
S38	14-15 Female Beginner Kumite
S39	14-15 Male Novice Kumite
S40	14-15 Female Novice Kumite
S41	14-15 Male Intermediate Kumite
S42	14-15 Female Intermediate Kumite
S43	14-15 Male Advanced Kumite
S44	14-15 Female Advanced Kumite
S45	16-17 Male Beginner Kumite
S46	16-17 Female Beginner Kumite
S47	16-17 Male Novice Kumite
S48	16-17 Female Novice Kumite
S49	16-17 Male Intermediate Kumite
S50	16-17 Female Intermediate Kumite
S51	16-17 Male Advanced Kumite
S52	16-17 Female Advanced Kumite
S53	18-34 Male Beginner/Novice Kumite
S54	18-34 Female Beginner/Novice Kumite
S55	18-34 Male Intermediate/Advanced Kumite
S56	18-34 Female Intermediate/Advanced Kumite

TEAM KATA

TK1	11-13 Male Advanced Team Kata
TK2	11-13 Female Advanced Team Kata
TK3	14-17 Male Advanced Team Kata
TK4	14-17 Female Advanced Team Kata
TK5	18-34 Male Advanced Team Kata
TK6	18-34 Female Advanced Team Kata