



# 2026 SC

## DISTRICT CHAMPIONSHIPS



**SATURDAY  
APRIL 18<sup>TH</sup>  
9AM**



**GREENVILLE  
SENIOR HIGH  
SCHOOL**



1 Vardry St,  
Greenville, SC 29601

**DOWNTOWN  
GREENVILLE**

✓ Register  
Online for  
Tournament

**GO TO**

**TOURNAMENTINABOX.COM**

\*REGISTRATION DEADLINE APRIL 10TH



**CAROLINA KARATE  
FITNESS CENTER**

**PRISMA HEALTH.**



# 2026 SC DISTRICT CHAMPIONSHIPS

Host Hotel is  
**HILTON GREENVILLE**



📍 45 W Orchard Park Dr, Greenville, SC 29615

✓ **PASS PICK-UP WILL TAKE PLACE AT THE HILTON  
FRIDAY APRIL 11TH, 6-8PM**

## VISIT BEAUTIFUL DOWNTOWN GREENVILLE!



- 200+ RESTAURANTS ALONG MAIN STREET
- 345' SUSPENSION BRIDGE OVER WATERFALL



## **2026 SC** **DISTRICT CHAMPIONSHIPS**

### **ATHLETES UNIFORM AND EQUIPMENT**

**THE UNIFORM AND SAFETY GEAR WILL CONTINUE TO BE THE SAME AS PAST YEARS (RULES):  
WHITE UNIFORM WITH ONLY THE AAU PATCH ON THE LEFT CHEST, NO PIPING.  
BELTS SHOULD BE WHITE, GREEN, BROWN, OR BLACK ONLY.**

**WHITE (BEGINNER 0-1 YEARS OF TRAINING)  
GREEN (NOVICE, 1-2 YEARS OF TRAINING)  
BROWN (INTERMEDIATE, 2-4 YEARS OF TRAINING)  
BLACK (ADVANCED, 4+ YEARS OF TRAINING)**

**REQUIRED FOR ALL: WHITE MITTS AND MOUTHGUARD**

**YOUTH REQUIREMENT: HELMET WITH CLEAR FACE SHIELD IS REQUIRE FOR YOUTH (ATHLETES  
AGES 18 & UNDER).**

**REQUIRED FOR MALES OF ALL AGES: GROIN CUP.**

**✓ OPTIONAL: SHIN PROTECTORS FOR ALL AGES, CHEST PROTECTORS FOR FEMALES, FOOT  
COVERS ARE PERMITTED FOR YOUTH.**

**TRADITIONAL WEAPON MUST BE WOODEN BO, EIKU, METAL SAI, TONFA, NUNCHAKU WITH A  
ROPE CONNECTOR (NOT METAL OR CHAIN LINK), OR UNSHARP/SAFE KAMA, PROPERLY SIZED  
TO THE ATHLETE.**

### **VOLUNTEERS**

**An event like this cannot happen without the help of many volunteers! Please consider  
donating some of your time Saturday in one of many roles!!! Sign up [HERE!](#)**



## **2026 SC** **DISTRICT CHAMPIONSHIPS**

### **COACHES**

**COACHES MAY BE INSTRUCTORS, ATHLETES, AND PARENTS - WITH OR WITHOUT KARATE RANK - WHO KNOW THE RULES AND CAN GUIDE, ADVOCATE FOR, AND CHEER ON KARATE ATHLETES OF ANY AGE. AT OUR STATE EVENT AND AT THE NATIONAL CHAMPIONSHIP, COACHES MAY SIT IMMEDIATELY NEXT TO THE RING WHERE AN ATHLETE IS COMPETING. ONLY REGISTERED COACHES MAY ENTER THE RING WHEN THE OFFICIALS PERMIT, NO PARENTS OR INSTRUCTORS UNLESS REGISTERED AS A COACH.**

**THE STANDARD UNIFORM FOR COACHES IS BLACK (90% BLACK) TRACK PANTS, SOCKS AND SNEAKERS, AND A RED POLO SHIRT FOR TECHNICAL COACHES AND NAVY BLUE POLO SHIRT FOR ADMINISTRATIVE COACHES. IF YOU DO NOT HAVE AN AAU OFFICIAL POLO SHIRT, PLEASE WEAR A SOLID COLOR POLO SHIRT WITH A COLLAR. EACH COACH AT THE SC STATE CHAMPIONSHIP CAN REGISTER FRIDAY OR SATURDAY MORNING.**

### **OFFICIALS**

**IF YOU ARE A BLACK BELT AND 14 YEARS OR OLDER, YOU ARE ELIGIBLE TO BEGIN OFFICIATING (AS A ARBITRATOR, MIRROR JUDGE, CHIEF REFEREE, OR ONE OF SEVERAL KATA AND KOBUDO JUDGES). NCAAU KARATE HAS A CORPS OF WORLD CLASS OFFICIALS WHO WILL HELP TRAIN YOU ON RULES, VOCABULARY, TEAMWORK, AND HOW WE SEE THE POINTS. WE WILL HELP YOU BECOME A RESPECTED, DECISIVE, AND ACCURATE JUDGE.**

**SEE THE PHOTO OF THE LATE SENSEI EGGLESTON, ROBINSON, AND WILSON FOR THE OFFICIAL UNIFORM (BLUE BLAZER, WHITE COLLARED SHIRT, SHORT OR LONG SLEEVED, RED OR RED AND BLUE STRIPED TIE, GRAY SLACKS, AND FLAT BOTTOM BLACK SHOES, WHITE LANYARD AND WHISTLE. (DON'T FORGET THAT WHISTLE!)**

HOSTED BY



**CAROLINA KARATE**  
**FITNESS CENTER**

SPONSORED BY

**PRISMA** HEALTH.