



2026 DRUK KARATE CHAMPIONSHIPS

WKF/USANKF Modified rules of competition

100 Midway Drive, Carlisle, PA 17015

Let's celebrate together with over 300 athletes! WELCOME to:

ENSURING THE FUTURE OF RISING CHAMPIONS

2026 DRUK KARATE CHAMPIONSHIP

ORGANIZED BY DISKA CARLISLE DOJO

DATE
03/14/2026

TIME
8AM-8PM

CONTACT
404-940-5339
DISKADOJO2@GMAIL.COM

DISKA Regional

REG FEE - \$90
COACHES - \$20
SPECTATORS - \$5

Register online at: www.tournamentinabox.com

VENUE
KEYSTONE FIELDHOUSE
103B MIDWAY DR
CARLISLE, PA 17015

Championships: Kata and Kumite All Divisions

Registration Fee: \$90.00 Spectators: \$5.00 Coach Pass: \$20.00 (By Online Registration Only)

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Dear Senseis, Coaches, Athletes, and Officials,

With monumental pleasure, we invite you to attend the **2026 Druk Karate Championships**.

This exciting event promises a day of outstanding competitions, sportsmanship, and community spirit—an experience you will not soon forget. The tournament will be held at Keystone Fieldhouse in Carlisle, PA, on **Saturday, March 14, 2026**. We are proud to welcome talented athletes, dedicated coaches, professional officials, supportive families, and distinguished guests promising to be a truly memorable championship event.

Tournament Venue (GPS Location):

Keystone Fieldhouse
100 Midway Drive
Carlisle, PA 17015

Or,

Keystone Fieldhouse
103B Midway Drive
Carlisle, PA 17015



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Registration Information:

Registration is now open at: www.tournamentinabox.com

To ensure the smooth management of the tournament, all athletes, coaches, and officials must complete online registration. Please note that we will not be able to accommodate participants who are not registered online.

Registration Deadline:

12:00 AM on March 14, 2026

No registration will be accepted after this deadline.

If you have any questions, please feel free to contact us:

Phone: 404-940-5339

Email: diskadojo2@gmail.com

We would be honored by your presence and look forward to celebrating the skill, discipline, and dedication of our athletes together.

Note: The late fee commences on March 7, 2026, and the registration fee will be \$100.00, which includes a late fee of \$10.00 (for all athletes, all divisions).

Warm regards, OSS!

Sensei Nim Lama

Tournament Director

Owner/Instructor

DISKA Carlisle Dojo/DISKA Mechanicsburg Dojo

www.diskainfo.org



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Rules:

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Refer Rules:

<https://tinyurl.com/4cfwpue8>

<https://www.usankf.org/athlete-resources/rules-of-competition>

Chief Referee:

Shihan Shanta Thokar

Official USANKF/PKF/WKF

Date: Saturday, 03/14/2026

Doors Open at: 8:00 AM

Referee Briefing: 8:15 AM (Mandatory)

Tournament Starts at: 9:00 AM

Awards: 1st, 2nd, 3rd, and 3rd will receive medals

Dress Code - Athletes: Traditional White Upper and Lower Gi

Dress Code - Coaches: Tracksuits

Dress Code Officials: White short sleeves shirt, blue tie, grey slacks, black shoes, blue/black socks, and blue blazer

Officials Requirement: Must be licensed with the USA Karate and be registered at

www.tournamentinabox.com

Mandatory gears: U14 – Headguard, Mouthguard (Gum set), Groin Guard, External Chest Protector, shin and instep guards (Leg Guard), Gloves (Summary)

Complete Reference for Protective Equipment:

<https://tinyurl.com/4cfwpue8>

<https://www.usankf.org/athlete-resources/rules-of-competition>



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Nearby Hotels:

Holiday Inn Express & Suites Carlisle - Harrisburg Area by IHG

1152 Harrisburg Pike, Carlisle, PA 17013 (717) 240-0080

Comfort Inn PA Turnpike - I-81

77 Shady Lane, Carlisle, PA 17013 (717) 440-9555

Airports:

MDT (Harrisburg International Airport) 37 Mins.

BWI: (Baltimore/Washington International Thurgood Marshall Airport (BWI) 1 Hr. 51 Mins.

IAD: (Dulles International Airport) 2 Hrs. 8 Mins.

DCA: (Ronald Reagan Washington National Airport) 2 Hrs. 9 Mins.

PHL: (Philadelphia International Airport) 2 Hrs. 25 Mins.



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Divisions:

| Kata - Single Elim | |
|---------------------|---|
| ID | Division |
| K1 | 5 & Under Male Beg/Nov Kata |
| K2 | 5 & Under Female Beg/Nov Kata |
| K3 | 6-7 Male Beginner/Novice Kata |
| K4 | 6-7 Female Beginner/Novice Kata |
| K5 | 6-7 Male Int/Advanced Kata |
| K6 | 6-7 Female Int/Advanced Kata |
| K7 | 8-9 Male Beginner/Novice Kata |
| K8 | 8-9 Female Beginner/Novice Kata |
| K9 | 8-9 Male Intermediate Kata |
| K10 | 8-9 Female Intermediate Kata |
| K11 | 8-9 Male Advanced Kata |
| K12 | 8-9 Female Advanced Kata |
| K13 | 10-11 Male Beginner Kata |
| K14 | 10-11 Female Beginner Kata |
| K15 | 10-11 Male Novice Kata |
| K16 | 10-11 Female Novice Kata |
| K17 | 10-11 Male Intermediate Kata |



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| | |
|---------------------|--|
| K18 | 10-11 Female Intermediate Kata |
| K19 | 10-11 Male Advanced Kata |
| K20 | 10-11 Female Advanced Kata |
| K21 | 12-13 Male Beginner Kata |
| K22 | 12-13 Female Beginner Kata |
| K23 | 12-13 Male Novice Kata |
| K24 | 12-13 Female Novice Kata |
| K25 | 12-13 Male Intermediate Kata |
| K26 | 12-13 Female Intermediate Kata |
| K27 | 12-13 Male Advanced Kata |
| K28 | 12-13 Female Advanced Kata |
| K29 | 14-15 Male Beginner Kata |
| K30 | 14-15 Female Beginner Kata |
| K31 | 14-15 Male Novice Kata |
| K32 | 14-15 Female Novice Kata |
| K33 | 14-15 Male Intermediate Kata |
| K34 | 14-15 Female Intermediate Kata |
| K35 | 14-15 Male Advanced Kata |
| K36 | 14-15 Female Advanced Kata |
| K37 | 16-17 Male Beginner Kata |
| K38 | 16-17 Female Beginner Kata |



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| | |
|---------------------|---|
| K39 | 16-17 Male Novice Kata |
| K40 | 16-17 Female Novice Kata |
| K41 | 16-17 Male Intermediate Kata |
| K42 | 16-17 Female Intermediate Kata |
| K43 | 16-17 Male Advanced Kata |
| K44 | 16-17 Female Advanced Kata |
| K45 | 18-34 Male Beginner/Novice Kata |
| K46 | 18-34 Female Beginner/Novice Kata |
| K47 | 18-34 Male Intermediate Kata |
| K48 | 18-34 Female Intermediate Kata |
| K49 | 18-34 Male Advanced Kata |
| K50 | 18-34 Female Advanced Kata |
| K51 | 35-45 Male Beginner/Novice Kata |
| K52 | 35-45 Female Beginner/Novice Kata |
| K53 | 35-45 Male Int/Advanced Kata |
| K54 | 35-45 Female Int/Advanced Kata |

Kumite - Single Elim

| ID | Division |
|--------------------|---|
| S1 | 5 & Under Male Beg/Nov Kumite |
| S2 | 5 & Under Female Beg/Nov Kumite |
| S3 | 6-7 Male Beginner/Novice Kumite |



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| | |
|---------------------|---|
| S4 | 6-7 Female Beginner/Novice Kumite |
| S5 | 6-7 Male Int/Advanced Kumite |
| S6 | 6-7 Female Int/Advanced Kumite |
| S7 | 8-9 Male Beginner/Novice Kumite |
| S8 | 8-9 Female Beginner/Novice Kumite |
| S9 | 8-9 Male Intermediate Kumite |
| S10 | 8-9 Female Intermediate Kumite |
| S11 | 8-9 Male Advanced Kumite |
| S12 | 8-9 Female Advanced Kumite |
| S13 | 10-11 Male Beginner Kumite |
| S14 | 10-11 Female Beginner Kumite |
| S15 | 10-11 Male Novice Kumite |
| S16 | 10-11 Female Novice Kumite |
| S17 | 10-11 Male Intermediate Kumite |
| S18 | 10-11 Female Intermediate Kumite |
| S19 | 10-11 Male Advanced Kumite |
| S20 | 10-11 Female Advanced Kumite |
| S21 | 12-13 Male Beginner Kumite |
| S22 | 12-13 Female Beginner Kumite |
| S23 | 12-13 Male Novice Kumite |
| S24 | 12-13 Female Novice Kumite |



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| | |
|---------------------|---|
| S25 | 12-13 Male Intermediate Kumite |
| S26 | 12-13 Female Intermediate Kumite |
| S27 | 12-13 Male Advanced Kumite |
| S28 | 12-13 Female Advanced Kumite |
| S29 | 14-15 Male Beginner Kumite |
| S30 | 14-15 Female Beginner Kumite |
| S31 | 14-15 Male Novice Kumite |
| S32 | 14-15 Female Novice Kumite |
| S33 | 14-15 Male Intermediate Kumite |
| S34 | 14-15 Female Intermediate Kumite |
| S35 | 14-15 Male Advanced Kumite |
| S36 | 14-15 Female Advanced Kumite |
| S37 | 16-17 Male Beginner Kumite |
| S38 | 16-17 Female Beginner Kumite |
| S39 | 16-17 Male Novice Kumite |
| S40 | 16-17 Female Novice Kumite |
| S41 | 16-17 Male Intermediate Kumite |
| S42 | 16-17 Female Intermediate Kumite |
| S43 | 16-17 Male Advanced Kumite |
| S44 | 16-17 Female Advanced Kumite |
| S45 | 18-34 Male Beginner/Novice Kumite |



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| | |
|---------------------|---|
| S46 | 18-34 Female Beg/Nov Kumite |
| S47 | 18-34 Male Intermediate Kumite |
| S48 | 18-34 Female Intermediate Kumite |
| S49 | 18-34 Male Advanced Kumite |
| S50 | 18-34 Female Advanced Kumite |
| S51 | 35-45 Male Beginner/Novice Kumite |
| S52 | 35-45 Female Beg/Nov Kumite |
| S53 | 35-45 Male Int/Advanced Kumite |
| S54 | 35-45 Female Int/Advanced Kumite |

For an accurate division list, please visit:

www.tournamentinabox.com

<https://tinyurl.com/4ztc5nxn>

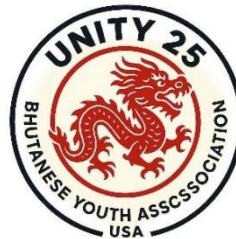
Release and Waiver of Liability

I, on behalf of myself (or my minor child), hereby release, waive, and discharge the event organizers, hosts, officials, referees, volunteers, sponsors, venue owners, and affiliated organizations from any and all liability, claims, demands, or causes of action arising out of or related to any injury, illness, loss, or damage sustained during participation in this event. I will also agree with the decisions made by the Tournament Chief Referee and the Tournament Director. I declare that online registration is my agreement with this statement.

Thank you, Oss!

Sincerely,

2026 Druk Karate Championships



Volunteer



DISKA Regional Tournament