

**GEORGIAN COURT UNIVERSITY
LAKEWOOD, NJ**



SPECTATORS
\$10 AT DOOR
CASH, PAYPAL
OR VENMO
4 AND UNDER FREE

2026 GARDEN STATE CHAMPIONSHIP

KARATE

FEBRUARY 15, 2026
DOORS OPEN 8:00 AM

1ST SANCTIONED TOURNAMENT OF 2026

REGISTRATION

REGISTRATION CLOSSES SATURDAY AT 12:00 PM
WWW.TOURNAMENTINABOX.COM

WE WILL BE USING MODIFIED WKF & NKF RULES
NO OUTSIDE FOOD WILL BE ALLOWED PER VENUE

2026 GARDEN STATE CHAMPIONSHIP



Esteemed Sensei, Coaches, and Athletes,

It is with immense pleasure that I am writing to you to invite you to the 5th Annual Garden State Championship. This event is one that you will not want to miss, as it is the only NKF style tournament in New Jersey. The tournament is located at Georgian Court University in Lakewood, NJ on **Sunday, February 15, 2026**.

The exact address is as follows:

**Georgian Court University
900 Lakewood Avenue
Lakewood, New Jersey 08701**

This year we are getting bigger and better, with the same awesome facility!

This will be a great tournament with the anticipation of many National & International Jr and Senior Team members, as well as many dojos. We cannot wait to see our old and new friends at the first tournament in the tri-state area for 2025.

Registration is now open and must be complete online at www.tournamentinabox.com. Registration is closes on Friday, February 13, 2026, at 12:00 AM. Doors open on Sunday, February 15, 2026, starting at 8:00 AM.

There will be an official meeting at 8:15 AM.

We welcome and appreciate all officials!

If you require any further information, please call me, Sensei David Rosenberg, at [\(917\) 710-1420](tel:9177101420) or you may email your questions to david@monmouthkarate.com I look forward to the pleasure of your attendance.

See you at the Garden State Championship!

Sensei David Rosenberg
Tournament Director, Garden State Championship - Karate
Owner / Head Instructor, Monmouth Karate Academy
Senior Instructor, USA Martial Arts Federation

2026 Garden State Championship

Date: Sunday, February 15, 2026

Start Time: Doors Open at 8:00 AM
Tournament start time is 9:00 AM

Event Location: Georgian Court University
900 Lakewood Avenue
Lakewood, NJ 08701

Registration Fee: \$100 for 2 Events
**There will be no same day registration*

Spectator Fee: \$10 – children 5 years and older
Free – Kids 4 years and younger

Register at: www.tournamentinabox.com

Awards: 1st, 2nd, 3rd, and 3rd will receive medals

Rules: USA-NKF Rules (modified at tournament directors' discretion)
<https://www.teamusa.org/usa-karate/events/rules-of-competition>

Dress Code: Competitors – traditional, solid white gi
Referees – white shirt, blue tie, grey slacks, black shoes, and blue blazer

Lodging: All participants are responsible for their own accommodation.
The local hotel for those traveling is Radisson Hotel Freehold.
Group Block is Monmouth Karate Academy
Group rate is \$169/ night.

<https://www.choicehotels.com/reservations/groups/UM69Y2>

For more information, contact:
Sensei David Rosenberg at david@monmouthkarate.com



GETTING TO THE TOURNAMENT

Airports:

Newark (closest)	60 minutes
Atlantic City	60 minutes
Philadelphia	75 minutes
Joh F. Kennedy	90 minutes
LaGuardia	90 minutes

Bus:

From NJ Port Authority you can take the 139 Bus towards Lakewood via Freehold Center. Exit buss at US-9 & 9th Street. It is then about ½ mile walk to Georgian Court University.



Hotel Information



This hotel in Freehold, New Jersey features an outdoor swimming pool, on-site dining, and free Wi-Fi access. Six Flags Great Adventure is 11 miles away. Each room at the Radisson Freehold features a 32-inch flat-screen TV with cable and HBO channels. The rooms have a refrigerator, coffee maker, and desk. An on-site 24-hour fitness center and business center are available for guests to use at the Freehold Radisson. The hotel offers laundry facilities. Winner's Circle Restaurant and Lounge serves breakfast, lunch, and dinner. Room service is available. The Freehold Raceway and the Freehold Raceway Mall are both 1 mile away.

Room Rate: \$169 per night

Booking Link: <https://www.choicehotels.com/reservations/groups/UM69Y2>

Features: Free Wi-Fi
Fitness center

USA KARATE KATA & KUMITE

REFEREE CERTIFICATION COURSE REGION 5

REGISTER TODAY AT WWW.USANKF.ORG



**SATURDAY
FEBRUARY 14, 2026
1 PM**

MONMOUTH KARATE ACADEMY
300 CAMPUS DRIVE, STE E
MORGANVILLE, NJ 07751

Contact: (917) 710-1420 | david@monmouthkarate.com

CEDRIC BARKSDALE
INSTRUCTOR

AUDIT | \$35
LICENSING | \$55 | \$75
CERTIFY KATA UP TO JC | KUMITE RC
AGES 14+ | BROWN BELT & UP

📢 ATTENTION ALL OFFICIALS!

TRAIN AND LEARN FROM CEDRIC BARKSDALE AT OUR UPCOMING REGION 5 REFEREE SEMINAR ON FEBRUARY 14, 2026. THIS IS A GREAT OPPORTUNITY TO SHARPEN YOUR SKILLS WITH PRACTICAL TRAINING WITH USA KARATE ATHLETES, STAY CURRENT ON RULES, AND CONNECT WITH FELLOW OFFICIALS.

📈 LEVEL UP YOUR OFFICIATING

📅 FEBRUARY 14, 2026

🕒 1:00P - 5:00P

📍 MONMOUTH KARATE ACADEMY

📄 REGISTER AT USANKF.ORG

🔥 REGION 5 COACHING SEMINAR AT THE GARDEN STATE CHAMPIONSHIP! 🏆🥋

THE GARDEN STATE CHAMPIONSHIP IS HONORED TO HOST A REGION 5 COACHING SEMINAR, LED BY USA KARATE HEAD KUMITE COACH, SENSEI DUSTIN BALDIS.

THIS IS AN INCREDIBLE OPPORTUNITY FOR COACHES TO COMPLETE THEIR LEVEL 1 CERTIFICATION REQUIREMENT AND TAKE THEIR COACHING TO THE NEXT LEVEL!

📈 LEVEL UP YOUR COACHING

📅 FEBRUARY 14, 2026

🕒 11:00 AM - 12:30 PM

📍 MONMOUTH KARATE ACADEMY

📄 REGISTER AT USANKF.ORG

USA KARATE




USA KARATE LEVEL 1 COACH CERTIFICATION COURSE

📅 FEBRUARY 14, 2026

🕒 11 AM

📍 MONMOUTH KARATE ACADEMY
300 CAMPUS DRIVE
MORGANVILLE, NJ. 07751

💰 \$75 | PER PARTICIPANT

www.usankf.org

INSTRUCTOR | DUSTIN BALDIS | 412-728-6223 | DBALDIS@USANKF.ORG

ALL USA KARATE COACHES MUST COMPLETE THIS COURSE BY JANUARY 2027



REGIONAL TRAINING CAMP

REGION 5

ELITE KUMITE TRAINING WITH DIRECTOR OF SPORT BRODY BURNS






SAT | FEBRUARY 14, 2026
SESSION 1 4:30 PM - 7:00 PM

MONMOUTH KARATE ACADEMY
300 CAMPUS DRIVE
MORGANVILLE, NJ 07751

\$65 PER ATHLETE

REGISTER NOW!

WWW.USANKF.ORG

CONTACT BRODY BURNS | (489) 233-0968 | BBURNS@USANKF.ORG

🏆 The Garden State Championship is honored to host a Region 5 Training Camp, conducted by USA Karate Director of Sport, Sensei Brody Burns. We are proud to support the development of athletes and coaches at the highest level of our sport. 🏆🔥

📈 Level up your training

📅 February 14, 2026

🕒 4:30p - 7:00p

📍 Monmouth Karate Academy

📄 Register at USANKF.org