



Paula Ochoa-Zepeda

Has Participated In the
2026 45th Mt State Championships

Athlete from Virginia

16-17 yr olds Girls Advanced Kata 1st Place (Gold)

16-17 yr olds Girls Adv Kumite 2nd Place (Silver)

Certified By:



Where Olympic Journeys Begin



President

USA National Karate-do Federation

South Charleston, WV

4/18/2026