



Sophia Eno

Has Participated In the
2026 45th Mt State Championships

Athlete from Virginia

14-15 yr olds Girls Int Kata 1st Place (Gold)

14-15 yr olds Girls Int Kumite 1st Place (Gold)

14-17 yr olds Int/Adv Weapons 3rd Place (Bronze)

Certified By:



Where Olympic Journeys Begin



President

USA National Karate-do Federation

South Charleston, WV

4/18/2026