



# Alexander Rycroft

Has Participated In the  
**2026 45th Mt State Championships**

Athlete from North Carolina

10-11 yr olds Boys Beg/Nov Kata 2nd Place (Silver)

10-13 yr olds Beg/Nov Weapons 3rd Place (Bronze)

Certified By:



Where Olympic Journeys Begin



President  
USA National Karate-do Federation

South Charleston, WV

4/18/2026