



**Sasha Lawrence**

Has Participated In the  
**2026 Friendship Cup**

Athlete from Colorado

12-13 yrs. girls – inter/adv Kata 1st Place (Gold)

12-13 yrs. girls – inter/adv Kumite 2nd Place (Silver)

Certified By:



Where Olympic Journeys Begin



**KARATE**

President

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Golden, Colorado

2/15/2026



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