



Natalie Marshall

Has Participated In the
2026 Friendship Cup

Athlete from Colorado

8-9 yrs. girls – beg/nov Kata 1st Place (Gold)

8-9 yrs. girls – beg/nov Kumite 1st Place (Gold)

Certified By:



Where Olympic Journeys Begin



President
USA National Karate-do Federation

Golden, Colorado

2/15/2026



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