



Emilia Pliego

Has Participated In the
2026 Friendship Cup

Athlete from Colorado

6-7 yrs. girls – beg/nov Kata 2nd Place (Silver)

6-7 yrs. girls – beg/nov Kumite 3rd Place (super) (Bronze)

Certified By:



Where Olympic Journeys Begin



President

USA National Karate-do Federation

Golden, Colorado

2/15/2026



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