



**Sara Ruiz**

Has Participated In the  
**2026 Friendship Cup**

Athlete from Colorado

10-11 yrs. girls – beg/nov Kata 1st Place (Gold)

10-11 yrs. girls – beg/nov Kumite 1st Place (Gold)

Certified By:



Where Olympic Journeys Begin



President  
USA National Karate-do Federation

Golden, Colorado

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