



Aaron Gizaw

Has Participated In the
2026 Friendship Cup

Athlete from Colorado

8-9 yrs. boys – inter/adv Kumite 2nd Place (Silver)

(2nd Place) 15 yrs. And under – same or mixed gender Team Kata - ASKF 2

Certified By:



Where Olympic Journeys Begin



President

USA National Karate-do Federation

Golden, Colorado

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