



**Sonia Lazos**

Has Participated In the  
**2026 Denver High Caliber**

Athlete from California

14-15 Girls Adv - Kata 2nd Place (Silver)

14-15 Girls Elite - Kumite -54Kg 3rd Place (Bronze)

Certified By:



Where Olympic Journeys Begin



President  
USA National Karate-do Federation

Parker, CO

3/7/2026



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**Roberto Lazos Jr.**

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16-17 Boys Adv - Kata 1st Place (Gold)

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