



**Lisa Cortes**

Has Participated In the  
**2026 Garden State Championship**

Athlete from New Jersey

35+Sr Womens Inter/Advanced Kata 2nd Place (Silver)

35+Sr Womens Inter/Advanced 3rd Place (Bronze)

Certified By:



Where Olympic Journeys Begin



President  
USA National Karate-do Federation

Lakewood, NJ

2/15/2026



**Lisa Cortes**

Has Participated In the  
**2026 Garden State Championship**

Athlete from New Jersey

35+Sr Womens Inter/Advanced Kata 2nd Place (Silver)

35+Sr Womens Inter/Advanced 3rd Place (Bronze)

Certified By:



Where Olympic Journeys Begin



President  
USA National Karate-do Federation

Lakewood, NJ

2/15/2026