



**Manuela Monagas**

Has Participated In the  
**2025 USA Karate Nationals**

Athlete from Florida

14 Female Advanced Kumite 3rd Place (Bronze)  
(3rd Place) 14-15 Int/Adv Female Team Kumite - USA The Girls

Certified By:



Where Olympic Journeys Begin



President  
USA National Karate-do Federation

Fort Worth TX

7/9/2025



**Gimena Monagas**  
Has Participated In the  
**2025 USA Karate Nationals**

Athlete from Florida  
12 Female Advanced Kumite 3rd Place (Bronze)

Certified By:



Where Olympic Journeys Begin



President  
USA National Karate-do Federation

Fort Worth TX

7/9/2025