



**Tristan Bridgeford**  
Has Participated In the  
**2025 USA Karate Nationals**

Athlete from Washington  
16-17 Male Elite Kata 2nd Place (Silver)

Certified By:



Where Olympic Journeys Begin



President  
USA National Karate-do Federation

Fort Worth TX

7/9/2025



**McKenzie Bridgeford**

Has Participated In the  
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