



Lily Howell

Has Participated In the

2025 Denver High Caliber

Athlete from United States

8-9 Girls Novice Kata 3rd Place (Bronze)

8-9 Girls Novice Kumite 3rd Place (Bronze)

Certified By:



Member, United States
Olympic & Paralympic Committee



President
USA National Karate-do Federation

Parker, CO

3/1/2025



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Hudson Howell

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Athlete from United States

6-7 Boys Novice - Kata 1st Place (Gold)

6-7 Boys Novice - Kumite 1st Place (Gold)

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