



Sofia Frede

Has Participated In the

2025 Junior International Cup

Athlete from Illinois

13 Female Advanced Kumite 3rd Place (Bronze)

Certified By:



Where Olympic Journeys Begin



President

USA National Karate-do Federation

Las Vegas, NV

4/18/2025



Sofia Frede

Has Participated In the

2025 USA Karate Open

Athlete from Illinois

Certified By:



Where Olympic Journeys Begin



President
USA National Karate-do Federation

Las Vegas, NV

4/19/2025