



**Natalie Goodwin**

Has Participated In the

# 2024 Junior International Cup

Athlete from United States

12 Girls Advanced Kata 2nd Place (Silver)

Certified By:



Member, United States  
Olympic & Paralympic Committee



President  
USA National Karate-do Federation

Forth Worth, TX

3/29/2024



**Flay Goodwin**

Has Participated In the

# 2024 Junior International Cup

Athlete from United States

14 Boys Advanced Kata 1st Place (Gold)

Certified By:



Member, United States  
Olympic & Paralympic Committee



President  
USA National Karate-do Federation

Forth Worth, TX

3/29/2024



**Natalie Goodwin**

Has Participated In the

## **2024 USA Karate Open**

Athlete from United States

12-13 Female Elite Kata 3rd Place (super) (Bronze)

Certified By:



Member, United States  
Olympic & Paralympic Committee



President  
USA National Karate-do Federation

Forth Worth, TX

3/30/2024





**Flay Goodwin**

Has Participated In the

**2024 USA Karate Open**

Athlete from United States

14-15 Male Elite Kata 3rd Place (Bronze)

Certified By:



Member, United States  
Olympic & Paralympic Committee



President  
USA National Karate-do Federation

Forth Worth, TX

3/30/2024