



12th America's Cup Karate Championships
AJKA International event presented BY AJKA-I NY
AJKA-I /AAU USA Sanctioned event



Date & Time	Sunday March 24, 2024 Referee Meeting 8:30am / Opening Ceremony @ 9:00am
Pre-registration	Online Registration ONLY @www.tournamentinbox.com <u>THIS EVENT IS BY INVITATION ONLY!!!</u> <u>Registration closes Friday 3/22/24 @ 11:59 pm- No registration @ the door!</u>
Location	Island Garden Arena 45 Cherry Valley Ave, West Hempstead, NY 11552
Entry Fee	Register by 1/31/24: Kata and/or Kumite Individual Events \$65.00; Kobudo \$10 add'l Team Kata \$45.00 Register by 2/28/24: Kata and/or Kumite Individual Events \$75.00; Kobudo \$15 add'l Team Kata \$55.00 Register by 3/22/24: Kata and/or Kumite Individual Events \$85.00; Kobudo \$15 add'l Team Kata \$65.00 Spectator fees: Adults- \$10.00/ Children- \$5.00/Toddlers-Free/ Coaches \$30.00 Once payment is processed—NO REFUNDS!
Awards	1 st , 2 nd & 3 rd place will receive medals in all divisions. America's Cup Team Kata Champions will receive a trophy award
Competitors Dress Code	Traditional white Gi, no jewelry in competition, trimmed nails are required COMPETITOR CAN COMPETE IN ONLY ONE AGE / LEVEL CATEGORY!
Referee Dress Code	White shirt, blue tie, navy blue jacket, gray slacks, black shoes
Kata	Beginners (0-1 year of training; 7 th kyu or below) - Heian/Pinan/Gekisai etc . May repeat Kata Novice (1-2 years of training; 6 th to 4 th kyu) – SEE KATA LIST. May repeat Kata. Intermediate (3-4 years of training; 3 rd to 1 st kyu) – May use any kata. May repeat Kata. Advanced (4 years or more of training; Shodan and above) can perform any Kata. Age 17 & under MUST perform a different kata in Medal round. Age 18 and older CANNOT REPEAT KATA FLAG SYSTEM WILL BE UTILIZED.
Team Kata	Team Kata will be divided by Age/Level category. Point system will be utilized for this event.
Kumite Shobu Sanbon	Modified AJKA-I/AAU rules: light head contact is permitted (Adult black belts only) Uncontrolled techniques will result in penalty or disqualification All divisions will run 1:30 minute stop time. <u>All matches Shobu Sanbon.</u>
Kobudo	Bo, Sai (pair), Tonfa (pair), Eku, Kama (pair). All matches will be on Point system
Equipment	Mandatory: Hand gloves, Mouth guard, protective cup (male). Optional: Head gear/Face Shield (recommended); chest protector (female), Shin & In-step. Safety glasses with restraining band will be allowed for sparring. Competitor MUST have their own equipment.
Coaching	COACHING WILL BE ALLOWED IN KUMITE – MUST WEAR CLUB TRACK SUIT— COACHES DAILY PASS - \$30.00— COMPETITOR CAN COMPETE IN ONLY ONE AGE / LEVEL CATEGORY!
Note	In the spirit of karate-do, proper conduct is required from competitors and instructors alike, or else suspension will result from all future AJKA-I/NYKEC events.

The director of the event has the right to break or combine any division due to quantity of competitors.

BEGINNER KATA

In the beginner division the competitors will be restricted to performing a kata from the following:

- Isshin Ryu Seisan
- Heian / Pinan
- Gekisai

NOVICE KATA

In the novice kata divisions, the competitors will be allowed to perform **any kata** **EXCEPT**:

- Nipaipo
- Suparinpei / Hykuhachiho
- Chatanyara Kushanku
- Papurin
- Sochin
- Unsu / Unshu
- Anan / Anan-Dai
- Ohan / Ohan Dai
- Paiho
- Gojyushiho Sho/Dai
- Sunsu
- Gankaku / Chinto
- Chinte

INTERMEDIATE KATA

Intermediate kata divisions, the competitors will be allowed to perform **any kata, and May repeat.**

ADVANCE KATA

Advance Kata divisions, the competitors will be allowed to perform any kata

[Age 17 & under MUST perform a different kata in Final—Medal round](#)

[Age 18 and older CANNOT REPEAT KATA](#)